

# Specifications

1. **Overview / Scope:** Department of general Services (DGS) will be ordering multiple, various cardio equipment and strength equipment to be delivered to and installed at Clarion University of Pennsylvania 840 Wood Street Clarion, PA 16214. All shipping and installation charges must be factored into the unit cost of the item(s). All Bid pricing should be a unit price for one unit.
2. **Eligibility:** In order to be eligible for award, a bidder must comply with the following:
  - A. bidder must be the manufacturer of the products being offered, or be an authorized representative reseller or distributor of the manufacturer's products
  - B. Bids must be received on time and completed in its entirety
3. **Method of Award:** An award will be made to the single lowest responsive, and responsible bidder.
4. **Documents to be returned with bid:**
  - A. Cover letter with contact information of Representative with knowledge of this procurement
  - B. Documentation of machine being proposed with specifications such as owner's manual
  - C. Lobbying Certification and Disclosure Form
  - D. Iran Free Procurement Certification and Disclosure Form
  - E. Documentation for items being proposed, such as an owner's manual, or specification sheet.
5. **Specification:**
  - A. Products must meet all requirements and be equal to or exceeding quality and specification.
  - B. If exact item cannot be bid, propose equivalent or better item than model listed. Like Items bid should be from same manufacturer. For example, cardio equipment should be from all the same manufacturer, weight equipment should be from all the same manufacturer.
  - C. If any color, or fabric patterns options are available for any equipment this will be negotiated with the awarded supplier.
  - D. Supplier will honor all manufacturers warranties.
  - E. All items provided resulting from this IFB must be NEW, and not demonstrator, rebuilt, reconditioned refurbished, remanufactured or used in anyway.
  - F. Quantities listed are estimated. Each piece of equipment must possess the features listed to follow the program curriculum at Clarion University of Pennsylvania:
    1. Treadmill - Precor/TRM835 with P30 Console (Quantity 4)
    2. Elliptical - Precor/EFX835 with P30 Console (Quantity 3)
    3. Adaptive Motion Trainer - Precor/AMT835-OS with P30 Console (Quantity 1)
    4. Climber - Precor/CLM835 with P30 Console (Quantity 2)
    5. Upright Bike - Precor/UBK835 with P30 Console (Quantity 1)

6. Recumbent Bike - Precor/RBK835 with P30 Console (Quantity 2)
7. Non-Motorized Treadmill - Precor/ATR825 (Quantity 1)
8. Total Body Bike - Schwinn Airdyne Bike/Octane-100458 (Quantity 5)
9. Jacobs Ladder - Jacobs Ladder/Jacobs-JL (Quantity 1)
10. 8ft. Half Rack - Power Lift/Power-HFR8 (Quantity 8)
  - Items Must function in conjunction with items 10,11,12,13,14,15
11. Band Attachments/pair - Power Lift/Power-HFRBA (Quantity 8)
  - Items Must function in conjunction with items 10,11,12,13,14,15
12. High Rotation Attachment - Power Lift/Power-HRA (Quantity 4)
  - Items Must function in conjunction with items 10,11,12,13,14,15
13. Dip Attachment - Power Lift/Power-RDA (Quantity 4)
  - Items Must function in conjunction with items 10,11,12,13,14,15
14. 6ft. Connector - Power Lift/Power-CBCHC (Quantity 5)
  - Items Must function in conjunction with items 10,11,12,13,14,15
15. Platform with Insert - Power Lift/Power-OP68I (Quantity 8)
  - Items Must function in conjunction with items 10,11,12,13,14,15
16. Adjustable Bench - Power Lift/Power-PDBB (Quantity 12)
17. Posterior Chain Developer - Power Lift/Power-PCD (Quantity 4)
18. Belt Squat - Power Lift/Power-PLBSQUAT (Quantity 1)
19. Inverse Curl - Dynamic Fitness & Strength/DFS-700018 (Quantity 2)
20. Dual-stack functional trainer - Power Lift/Power-DSFT (Quantity 2)
21. Tricep Rope - Harbinger/HAR-373000 (Quantity 2)
  - Item must be compatible with IFB item 20
22. Neoprene angle cuff - Harbinger/HAR-373800 (Quantity 2)
  - Item must be compatible with IFB item 20
23. Vertical Machine Bar Rack - York/York-36170 (Quantity 1)
24. Combo Pulley - Power Lift/Power-FSCP (Quantity 2)

25. Combo Leg Extension/Prone Leg Curl - Power Lift/Power-SLPCLE (Quantity 1)

26. 3-Tier Dumbbell Rack - Power Lift/Power-MDB345 (Quantity 1)

- One unit
- Must hold total of 45 pairs
- With saddles

27. Urethane Dumbbells (40 pairs) - UMAX/UM-USDB005 to 100 (Quantity 2 sets 5-100lbs)

- High grade CPU encased
- Anti-roll design
- Chrome plated handles
- Solid steel welded structure

28. Urethane Olympic Plates

- 16 – 45lb - UMAX/UM-U20P045
  - i. Thermal Polyurethane (TPU) encased
  - ii. 3-hole grip design for easier handling
- 4 – 25lb - UMAX/UM-U20P025
  - i. Thermal Polyurethane (TPU) encased
  - ii. 3-hole grip design for easier handling
- 40 – 10lb -UMAX/UM-U20P010
  - i. Thermal Polyurethane (TPU) encased
  - ii. 3-hole grip design for easier handling
- 40 – 5lb - UMAX/UM-U20P005
  - i. Thermal Polyurethane (TPU) encased
  - ii. 3-hole grip design for easier handling
- 20 – 2.5lb - UMAX/UM-U20P002
  - i. Thermal Polyurethane (TPU) encased
  - ii. 3-hole grip design for easier handling

29. Competition Bumper Plates

- 24/pr-45lb - UMAX/UM-UBBP045
  - i. Designed for minimum bounce
- 16/pr-25lb - UMAX/UM-UBBP025
  - i. Designed for minimum bounce
- 16/pr-10lb - UMAX/UM-UBBP010
  - i. Designed for minimum bounce

30. Olympic Bar - Capps Cross Bar/CAPPS-285 (Quantity 8)
  - 28.5 mm (1 1/8") diameter, 1,500lb test (195,000 psi steel)
  - Coarse knurl w/81cm (32") powerlifting benchmark
  
31. Olympic Bar - Texas Power Bar/CAPPS-TPB (Quantity 8)
  - 32 mm (1 1/8") diameter, 1,500lb test (195,000 psi steel)
  - Coarse knurl w/81cm (32") powerlifting benchmark
  
32. Olympic Bar - York International Chrome Bar/York-32114 (Quantity 8)
  - 6ft
  - 30mm
  
33. Olympic Bar Safety Collar/pr - Lock Jaw Pro 2/LJC-PR2BL (Quantity 24)
  - Non-spring locking mechanism design
  
34. Portable speed/agility Track - Escape Fitness/ESC-APORTST15 (Quantity 1)
  - 5' X 49'
  - Standard white yard markings
  
35. Power Sled – Escape Fitness/ESC-QSLED (Quantity 1)
  - Removable upright arms
  
36. Suspension Trainer – TRX TRX-CLUB4 (Quantity 11)
  
37. Medicine Ball Rack – Escape Fitness/ESC-PAMBR10V2 (Quantity 3)
  - Vertical
  - Must hold 10 balls each
  
38. Stability Ball Storage Rack – Escape Fitness/ESC-9GBR (Quantity 1)
  - Must hold 9 balls
  - Floor standing
  
39. Resistance Bands/pr – light – SKLZ/SKLZ-APDPBDLT04 (Quantity 8)
  
40. Resistance Bands/pr – Medium – SKLZ/SKLZ-APDPBDMED04 (Quantity 8)
  
41. Resistance Bands/pr – Heavy – SKLZ/SKLZ-APDPBHVVY04 (Quantity 8)
  
42. Resistance Bands/pr – Extra Heavy – SKLZ/SKLZ-APDPBXHVY04 (Quantity 8)
  
43. Battle Rope – TAG/TAG-BATROPE (Quantity 4)

- 1.5" X 40'

44. Battle Rope – TAG/TAG-BATROPE (Quantity 4)

- 2" X 40'

45. Battle Rope Anchor – Power Systems/PS-13690 (Quantity 8)

- Item must be compatible with IFB items 43 and 44

46. 4" Padded Weight belt – small - Harbinger/HAR-284S (Quantity 4)

47. 4" Padded Weight Belt – medium - Harbinger/HAR-284M (Quantity 4)

48. 4" Padded Weight Belt – Large - Harbinger/HAR-284L (Quantity 4)

49. 4" Padded Weight Belt – Extra Large - Harbinger/HAR-243XL (Quantity 4)

50. Chalk Bowl - Power Lift/Power-FSCB (Quantity 4)

51. 14' Wall – Mounted Multi – Mount - TRX/TRX-MM3TKIT (Quantity 3)

- With monkey bars
- With suspension trainer anchoring points

52. Urethane Kettlebell

- 2– 20lb - UMAX / UM-UKBU20
  - i. High grade CPU encased
  - ii. Sand blasted hard chrome handle
- 2 – 25lb - UMAX/UM-UKBU25
  - i. High grade CPU encased
  - ii. Sand blasted hard chrome handle
- 2 – 30lb - UMAX/UM-UKBU30
  - i. High grade CPU encased
  - ii. Sand blasted hard chrome handle
- 2 – 35lb - UMAX/UM-UKBU35
  - i. High grade CPU encased
  - ii. Sand blasted hard chrome handle
- 2 – 40lb - UMAX/UM-UKBU40
  - i. High grade CPU encased
  - ii. Sand blasted hard chrome handle
- 2 – 45lb - UMAX/UM-UKBU45
  - i. High grade CPU encased
  - ii. Sand blasted hard chrome handle

- 2 - 50lb - UMAX/UM-UKBU50
  - i. High grade CPU encased
  - ii. Sand blasted hard chrome handle
- 2 – 60lb - UMAX/UM-UKBU60
  - i. High grade CPU encased
  - ii. Sand blasted hard chrome handle
- 2 – 70lb - UMAX/UM-UKBU70
  - i. High grade CPU encased
  - ii. Sand blasted hard chrome handle

53. Bulgarian Bag

- 1 – 11lb - Escape Fitness/ESC-FVBBAG5V2
- 1 – 17lb - Escape Fitness/ESC-FVBBAG8V2
- 1 – 26lb - Escape Fitness/ESC-FVBBAG12V2
- 1 – 37lb - Escape Fitness/ESC-FVBBAG17V2

54. Training Equipment Rack Storage - Escape Fitness/ESC-RACK5 (Quantity 1)

- 5 shelves
- Must be able to hold medicine balls, slam balls, mini wall balls, Bulgarian bags and kettlebells

**Questions / Inquiries:**

All questions about this IFB must be submitted by email to Chasity Beward at [cbeward@pa.gov](mailto:cbeward@pa.gov). Questions must be submitted no later than seven (7) days prior to bid closing. Questions submitted by any other means will not be accepted.